

Steven Alan Hassan, PhD, MA, MEd, LMHC, NCC

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SUMMARY

A licensed mental health professional, cult expert and undue influence expert with professional experience in the United States and abroad including consulting, coaching, speaking, media appearances, activism, writing, researching, teaching, intervention and recovery services, and expert witness work to assist individuals and families with problems related to undue influence including brainwashing, mind control, and unethical hypnosis.

Expertise includes undue influence in cases of destructive one-on-one relationships, families, parental alienation, mini-cults, religious cults, therapy and self-improvement groups, professional abuse, institutional abuse, corporations, multi-level marketing, political groups, human trafficking, hate, and violent extremism, and other undue influence situations.

CREDENTIALS

PhD

Fielding Graduate University, School of Leadership Studies, Organizational Development and Change (ODC) (2020)

MA

Fielding Graduate University, School of Leadership Studies, Organizational Development & Change, (2020)

MEd

Cambridge College, Masters in Education in Counseling Psychology, Cambridge, MA (1985)

National Certification

National Board of Certified Counselors: Nationally Certified Counselor, Cert. No. 43226

MA Licensure

Board of Allied Mental Health and Human Services, Commonwealth of Massachusetts, Licensed Mental Health Counselor, #820 (1992-)

Additional Professional Training

American Academy of Psychiatry and the Law
American Society for Clinical Hypnosis conferences
Attachment Pathology
American Psychological Association
Dissociative Disorders
Ericksonian Hypnosis and Psychotherapy workshops and conferences
International Academy of Law and Mental Health Congress
International Society of Hypnosis workshops and conferences
National Center for Missing and Exploited Children
Neuro-Linguistic Programming extensive training (NLP) 1980-1981
New England Society of Clinical Hypnosis
Post Traumatic Stress Disorder
Phobia and Panic Disorders
Strategic and Structural Family Therapy

Honors and Awards

Recipient of the Margaret Thaler Singer Award, given by International Cultic Studies Association (ICSA) 2014
Recipient of the Jerusalem Medal given with gratitude by Nahum Itzkovitz, Director General of the Israel Ministry of Social Affairs and Services, 2010

SELECTED PROFESSIONAL ACTIVITIES

Independent Practice in counseling and consulting. (Newton, MA) (1985-)
Founding Director & President, Freedom of Mind Resource Center. (Newton, MA) (1999-)
Founding Director, Freedom From Undue Influence, a division of the non-profit Dare Association, Inc. (Newton, MA) (2017-)
Professional staff trainer. Presented a staff training workshop at Ellenhorn, a private Program for Assertive Community Treatment (PACT), in Arlington, MA.
Teacher of Elective Course for 4th Year Psychiatry Students: Helping people influenced by Undue Influence: Hypnosis, Destructive Cults, and Traffickers, for the Harvard Longwood Psychiatry Residency Training Program, affiliated with Harvard Medical School. (Boston MA) (2018-)
Instructor, Harvard Law School Trial Advocacy Workshop (Cambridge, MA) (2x a year 2016-)
Presenter in the course Spirituality, Religion, and Psychiatry in the Harvard Longwood Psychiatry Residency Training Program, affiliated with Harvard Medical School. (1999-)
Presenter, Harvard Longwood Psychiatry Grand Rounds: Undue Influence: An Introduction to Destructive Cults, Mind Control, Brainwashing and Deprogramming, affiliated with Harvard Medical School. (Boston, MA) (2017)
Presenter, Psychiatry Grand Rounds, Boston University School of Medicine. (Boston, MA)

(2016)
Presenter, Harvard Longwood Psychiatry Grand Rounds, affiliated with Harvard Medical School (Boston, MA) (2003)
National Coordinator, FOCUS: Developing programs to provide information, counseling and support to former cult members (1985-1986)
Founder, Ex-Moon Inc.: Founder and first President of this nonprofit educational corporation serving as an information and support network for over four hundred former cult members. (1979-1981)
Former Consultant/Instructor, Fox Valley Technical College
Former Clinical Affiliate in Psychology, McLean Hospital (Belmont, MA).
Former Guest Faculty, Cambridge Family Institute
Presenter of other lectures, workshops, and trainings at hundreds of universities, colleges, churches, synagogues and community centers including:
 Boston Psychoanalytic Society
 British Society for Medical and Dental Hypnosis – Scotland, October 2016
 American Bar Association's Conference on Tort and Religion
 American Psychological Association - 2001
 American Society of Clinical Hypnosis
 Eastern Regional Conference on Multiple Personality and Dissociation
 The International Congress of Hypnosis
 Massachusetts General Hospital
 McLean Hospital

SELECTED PUBLICATIONS

Books

- Hassan, Steven (2019) *The Cult of Trump: A Leading Cult Expert Explains How the President Uses Mind Control*. New York: Simon and Schuster.
- Hassan, Steven (2018) *Combating Cult Mind Control: The #1 Best-Selling Guide to Protection, Rescue and Recovery from Destructive Cults* Newton, Massachusetts: Freedom of Mind Press.
- Hassan, Steven (2012, 2013) *Freedom of Mind: Helping Loved Ones Leave Controlling People, Cults and Beliefs*, Newton, Massachusetts: Freedom of Mind Press
- Hassan, Steven (2000) *Releasing the Bonds: Empowering People to Think for Themselves* Somerville, Massachusetts: Freedom of Mind Press. This book has also been published in Chinese, Persian, Polish, and Russian.
- Hassan, Steven A. (1988,1990). *Combatting Cult Mind Control*. Rochester, Vermont: Park Street Press. This book has also been published in French, German, Italian, Japanese, Polish, Slovak, Spanish, and Russian.

Book Chapters

- Forthcoming: Hassan, S.; Caven-Atack, J. and Shah, M. (2020). Fringe Actor Terrorism: Societal Influence and Social Media Impact on Violence. In J. Holzer, P. Recupero, P. Gill, and A. Dew. (Ed.), *LONE-ACTOR TERRORISM: An Integrated Framework*. Oxford University Press USA.
- Hassan, S., Caven-Atack, J. (2020) Anti-Semitism in Cults and Hate Groups. In: H. S. Moffic et al. (eds.), *Anti-Semitism and Psychiatry*, https://doi.org/10.1007/978-3-030-37745-8_23

- Hankir A.Z., Hassan S. (2019) Psychological Determinants and Social Influences of Violent Extremism. In: Moffic H., Peteet J., Hankir A., Awaad R. (eds) Islamophobia and Psychiatry. Springer, Cham. https://doi.org/10.1007/978-3-030-00512-2_32
- Hassan, Steven. (1994). Chapter 6: Strategic Intervention Therapy. In Shupe, A. & Bromley, D. (Ed.), *Anti-cult Movements in Cross-cultural Perspective*. New York: Garland

Peer-reviewed Journal Article

- Hassan, S. A., & Shah, M. J. (2019). The anatomy of undue influence used by terrorist cults and traffickers to induce helplessness and trauma, so creating false identities. *Ethics, Medicine and Public Health*, 8, 97–107. <https://doi.org/10.1016/j.jemep.2019.03.002>
- Hassan, S. A. (2020). The BITE Model of Authoritarian Control: Undue Influence, Thought Reform, Brainwashing, Mind Control, Trafficking and the Law. Fielding Graduate University doctoral dissertation.

Other Articles

- Hassan, Steven (9/1/2020). Trump's QAnon followers are a dangerous cult. How to save someone who's been brainwashed. NBC Think: Opinion, Analysis, Essays. Article available online at <https://www.nbcnews.com/think/opinion/trump-s-qanon-followers-are-dangerous-cult-how-save-someone-ncna1239828>.
- Hassan, Steven (10/13/19). Take It From a Former Moonie: Trump Is a Cult Leader: It might seem an outrageous proposition to compare Donald Trump to a murderous cult leader. And yet there are alarming parallels. The Daily Beast. Available online at <https://www.thedailybeast.com/author/steven-hassan>.
- Hassan, Steven (2017) Brainwashing Young People into Violent Extremist Cults, Freedom from Fear magazine of The United Nations Interregional Crime and Justice Research Institute (Unicri.it) <http://f3magazine.unicri.it/?p=1353>
- Hassan, Steven (1999) *Spiritual Responsibility: Cult Awareness* March/April issue of New Age Journal
- Hassan, Steven and Surya Das (1996) *Spiritual Responsibility: Avoiding Abuses and Pitfalls Along the Spiritual Path* (1996) booklet

Curriculum

- Co-developer of *Ending the Game* with Rachel Thomas, Carissa Phelps and D'Lita Miller—an intervention curriculum for women who have been sex trafficked to understand pimp/trafficker mind control www.endingthegame.com
- Hassan, Steven A. (1984). *Exit-Counseling: Working to Undo the Shackles of Cult Mind Control*. Reprinted in *Cults and Consequences* (1988). Los Angeles: Los Angeles Jewish Federation.

SELECTED PROFESSIONAL PRESENTATIONS

- Hassan, Steven; Troy, David; Stewartson, Jim; and Kane, Desiree (10/21/20). Dismantling QAnon. TEDxMidAtlantic. Available online at <https://www.youtube.com/watch?v=1QbEcG8O-L8>.
- Hassan, Steven (11/19/2019). *The Cult of Trump* Belmont Books Talk. Presented in Belmont, MA. Available online at <https://vimeo.com/374319091>.
- Hassan, Steven (11/10/2019). Steven Hassan: *The Cult of Trump* - 11/10/19. Presented at New

- York Society for Ethical Culture in New York, NY. Available online at <https://www.youtube.com/watch?v=-JG6miuWuIY>.
- Hassan, Steven; Gutheil, Thomas G.; Carpenter, J. Tyler; Drogin, Eric Y; and Farrell, Helen. (10/26/2019). Panel Discussion: The Many Faces of Causation. Presented at the 50th Annual Meeting of the American Academy of Psychiatry and the Law, held in Baltimore, MD.
- Hassan, Steven, and Gutheil, Thomas G., M.D. (10/24/2019). The Need to Update Legal Systems regarding Undue Influence. Presented at the 50th Annual Meeting of the American Academy of Psychiatry and the Law, held in Baltimore, MD.
- Hassan, Steven (10/22/2019). Brookline Booksmith Book Launch for Steven Hassan's 'The Cult of Trump'. Presented in Brookline, MA. Available online at <https://www.youtube.com/watch?v=5ADHdjKZRlo>.
- Hassan, Steven, and Andersen, Donna (10/3/2019). How to help a family member who is being mind-controlled. Presented for Lovefraud.com. Webinar available online at <https://education.lovefraud.com/courses/how-to-help-a-family-member-who-is-being-mind-controlled/>
- Hassan, Steven (9/11/2019). Proposing a New Model to Do a Forensic Evaluation for Undue Influence. Presented at The Program in Psychiatry and the Law, at the Massachusetts Mental Health Center, a teaching hospital of Harvard Medical School, in Boston, MA.
- Hassan, Steven (9/4/2019). The threat to cancel IALMH Congress in Rome if Hassan attends? What's the story? Presented at The Program in Psychiatry and the Law, at the Massachusetts Mental Health Center, a teaching hospital of Harvard Medical School, in Boston, MA.
- Hassan, Steven (8/2/2019). Spiritual Abuse and the Strategic Interactive Approach. Presented at the Spiritual Abuse Forum for Education, in Portland, OR.
- Hassan, Steven (7/4/2019). The BITE Model and the Influence Continuum and its use for Determining Undue Influence in Trafficking and Terrorism. Presented at 2019 Annual International Conference of the International Cultic Studies Association, in Manchester, UK.
- Hassan, Steven (6/26/2019). Strategies and Techniques for Recovery from Human Trafficking Programming. Presented at Light the Way to Freedom to End Human Trafficking: Human Trafficking Summit 2019 Summit in Austin, Texas, for Texas Department of Family and Protective Services, in Texas, USA.
- Hassan, Steven (6/25/2019). The BITE Model and Influence Continuum for Understanding Human Trafficking Influence. Presented at Light the Way to Freedom to End Human Trafficking: Human Trafficking Summit 2019 Summit in Austin, Texas, for Texas Department of Family and Protective Services.
- Hassan, Steven (6/19/2019). Proposing a new model for doing a forensic evaluation for undue influence. Presented at The Program in Psychiatry and the Law, at the Massachusetts Mental Health Center, a teaching hospital of Harvard Medical School, in Boston, MA, USA.
- Hassan, Steven (5/23/2019). Parental Alienation and Undue Influence. Presented at a meeting of the Boston/NH/RI Parental Alienation Meetup Group in Waltham, MA.
- Hassan, Steven (8/02/2018). Is Technology Controlling Your Mind? Presented at the TEDxBeaconStreet. Online at https://www.youtube.com/watch?v=ev_zuiXTTzA&t=4s.
- Hassan, Steven (7/22/2018), A Complex Systems Approach to Countering Mind Control,

Trafficking and Terrorism, Plenary presentation presented at International Conference on Complex Systems (ICCS), Cambridge, MA at New England Complex Systems Institute.

Hassan, Steven (7/05/2018). The Freedom of Mind Approach to Helping People Raised in Destructive Environments. Presented at Annual ICSA International Conference, Philadelphia, PA

Hassan, Steven (6/27/2018). Stop the Game to stop trafficking in persons. Presentation for the Trafficking in Persons office (J/TIP) at the U.S. Department of State, Washington, D.C.

Hassan, Steven (6/27/2018). Round Table Discussion with Steven Hassan: Destructive Cults that Use Terrorism as a Tool. Presentation for the Countering Terrorism / Countering Violent Extremism office (CT/CVE) at the U.S. Department of State, Washington, D.C.

Hassan, Steven (10/22/2017). Presentation at New England Society for Ethical Culture.

Hassan, Steven (9/11/17). *Combating Cult Mind Control*. Presented at a meeting with officials at the Ralph J. Bunche Library at the U. S. Department of State, Washington, D.C.

Hassan, Steven (July 2017). Presented paper on Anatomy of Undue Influence at the International Academy of Law and Mental Health in Prague, Czechoslovakia in July 2017

Hassan, Steven (August 2015). Presented a countering ISIS program at the Aspen Institute. Was 1 of 25 invitation-only guests including State Department counterterrorism officials, Secretary Madeleine Albright, former Ambassadors, and other luminaries.

Hassan, Steven (2014). Presented a Human Trafficking training for *My Life, My Choice* in Boston.

Hassan, Steven (2014). Presented a Human Trafficking training for Joint Regional Intelligence Organization in California to help organizations assist sex trafficking survivors.

Hassan, Steven. Training for Attorneys General of Utah and Arizona concerning FLDS cult of Warren Jeffs

Hassan, Steven. (2009). A plenary speaker at the National Amber Alert Symposium sponsored by the U.S. Department of Justice about Jaycee Dugard, Elizabeth Smart, and other victims like them.

SELECTED CITATIONS

Alvarez, Larry, and Cañas-Moreira, Jocelyn. (11/9/2015). A Victim-Centered Approach to Sex Trafficking Cases. *FBI Law Enforcement Bulletin*, United States Department of Justice. Online article at <https://leb.fbi.gov/articles/featured-articles/a-victim-centered-approach-to-sex-trafficking-cases>.

Cited in many publications including peer-reviewed journal articles and other articles.

SELECTED APPEARANCES

Has appeared on many national television and radio shows, including CNN Reliable Sources; MSNBC The REIDOUT; 60 Minutes; Nightline; Dateline; ABC, NBC, ABC Nightly News; Leah Remini: Scientology and its Aftermath; Oprah Winfrey; Today show; Good Morning America; Larry King show; CNN Anderson Cooper; CNN Special Reports; WBUR; NPR. A more complete list is available upon request.

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

Member: [The Program in Psychiatry and the Law](#) (PIPATL) at the Massachusetts Mental Health Center, a teaching hospital of the Harvard Medical School
Founding Member: [International Society for Therapeutic Jurisprudence](#)
Affiliate: [New England Complex Systems Institute](#) (NECSI)
Advisory Board Member: [Child-Friendly Faith Project](#)
Member: Against Violent Extremism (AVE)
Member: Massachusetts Mental Health Counselors Association (MMHCA)
Member: The American Counseling Association (ACA)
Member: New England Society of Clinical Hypnosis (NESCH)
Member: American Society for Clinical Hypnosis (ASCH)
Member: International Society of Hypnosis (ISH)
Member: International Cultic Studies Association (ICSA)
Member: International Society for Psychological and Social Approaches to Psychosis-US Branch (ISPS-US;) Boston, 12/3/17